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Raw Vegan: How To Be A Raw Vegan Smart Ass (raw Vegan, Raw Vegan Cookbook, Raw Vegan Food, Raw Vegan Diet, Vegan Cookbook, Vegan Recipes, Vegan Diet, Natural Hygiene)



Synopsis

Are you a raw vegan that hates getting all the same questions over and over again?"Hey, what are you gonna do with all that fruit?", "Isn't that too many bananas?", "how come you have so much energy and look amazing all the time"...and so on. Life for the raw foodist fruitarian can be wearisome. Just as well we have all this delicious fruit to eat!If you would like some great one liners, smart ass answers and awesome replies to the most common questions asked of people eating a low fat raw vegan diet then check out this book.The book supplies you with great responses to the following questions:1.Why do you eat so much fruit?â •2. â œWhat are you going to do with all that fruit?â •3. â œSure eating all that fruit must be good for you but it must be really expensive?â •4.â œWhere do you get your protein?â •5. â œDid you know that bananas are going extinct?â •6. â œDid you know that bananas were actually made in a lab?â •7. â œIs that not too much sugar?â •8. â œIs that not too much potassium?â •9. â œAll that fruit must rot your teeth?â •10.â œSurely you must be running to the toilet all the time?â •11. â œIsn't all that tropical fruit being flown in from abroad bad for the environment?â •12. â œYou must be eating a lot of pesticides on your fruit, surely that must be bad for you?â •13. â œDon't you know all that fruit will spike your insulin and make your bodystore it as fat?â •There are some information, funny and downright smart ass answers from people all over the raw vegan world.WARNING: The author will not be responsible for the use of this materials to open eyes and blow minds!GET THIS BOOK NOW!

Book Information

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Customer Reviews

This is a pretty funny book and I got to say a lot of it is too accurate when you've actually lived this lifestyle for any amount of time and tried talking to "normal" people about it. I've heard it all and apparently so has this book's author as they go through all the hilarious comments we hear from skeptics and some of the witty funny responses that can be used to reply to these people

It is a nice and funny booklet for 1 afternoon of reading. Despite it is short, it gives the reader very nice review of the compromises which makes Ronnie's life easy and practical. I think that the main aim of this book is to liberate all raw fooders, who spend much too much time thinking and living for food alone. Let me quote Dr. Shelton: "Do not become one-sided in your manner of living. You cannot remain or become strong through exercise alone, or diet alone, or rest and sleep alone. Fresh air and sunshine alone are not enough. Do not imagine that by [correct] breathing alone you can reach the heights. All these things are good, but life is more than exercise, or food and drink; more than thought, or rest and sleep. It is all these and more. Life must be lived as a whole." I think this is clearly and in a funny way presented in this booklet! Great job Ronnie!

Ronnie is so dedicated to spreading the raw vegan truth that it is just admirable! And here he presents some aspects in a witty way! Much entertaining!

This ebook is hilarious! Question - "Why do you eat so much fruit?" ... Answer- "I like pooping. A LOT!" - Conner McMillen :) lol

I nearly peed my pants and some of the answers LOL..great little book

I've learned more on the back of a store receipt.

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